

Professionals
Health
Program



Physician
Health
Program







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Welcome to the Physician Health Program and the Professionals Health Program

The Physician Health Program (PHP) founded in 1995, is a program of the Ontario Medical Association. The PHP provides assistance to physicians, residents, and students experiencing problems ranging from stress, burnout, work-related conflict, emotional, marital and family problems, substance use disorders and psychiatric illness. The PHP also provides supportive services to family members. The Physician Health Program is offered for services only in Ontario.

In 2002, the PHP began to offer services to Ontario veterinarians with the collaborative support of the College of Veterinarians and the Ontario Veterinary Medical Association under the umbrella of the Professionals Health Program. Based on this collaborative framework in 2005 the College of Pharmacists and the Ontario Pharmacy Association also began to offer the PHP range of services to the pharmacy profession.

The PHP is concerned not only with responding to the problems experienced by physicians and health professionals and their families, but with preventing them. In this regard, the PHP staff continue to participate in an increasing number of presentations, seminars and workshops, with a focus on healthy lifestyles, work-life balance and stress management.

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